

by Guru Scott McQuaid

'We walk in the footsteps of giants'.

A Guru is one who is regarded as having great knowledge, wisdom and authority in a certain area. They use this gift to guide others. A guru has the power and wisdom to dissolve spiritual ignorance in a disciple. The title comes with dedication, but it is a heavy weight to bear, for with knowledge comes responsibility.

For more than two decades I have been studying in the Indonesian fighting art known as silek harimau or better known in the Western world as harimau (tiger) pencak silat. This Minangkabau tribal combat system dates back more than 400 years, inspired by the Sumatran tiger and developed from its rain forest terrain. My journey is not for the faint hearted, with countless injuries, strenuous training regimes on both body and mind. In truth it is a path less traveled. I studied in various martial styles under many respected instructors before finding my path in harimau silat from the humble beginnings in Essex, England, to the jungles of Sumatra. This art has given me adventure, guidance, discipline and direction. It has shaped me to be the husband, father, teacher and warrior I am today.







